

Empowering lives through awareness, education, connection and advocacy.



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CLASS OF 2025-2028

LEARN MORE



DR. WRIGHT
Medical Lead



**105 MEMBERS
IN 35 STATES**

CONNECT WITH ALA



HONORING PATTIE



Pattie's love for music brought light and strength to our community. She believed in the power of a song to heal, to uplift, and to carry us through even the hardest days.

In her honor, we're building a playlist of resilience...a soundtrack of hope, strength, and every step of our journeys.

What song has moved you, healed you, or reminded you of your power?

Let's honor her by sharing the songs that move us, heal us, and tell our stories on June 5th.

Share it on social and tag yours with #MyLipedemaAnthem



ALA
PILLARS



ADVOCATING
FOR BETTER
CARE



EDUCATING
WITH
TRUSTED
RESOURCES



CONNECTING
OUR
COMMUNITY



RAISING
AWARENESS

JUNE - LIPEDEMA AWARENESS MONTH

ALL OR SOMETHING CAMPAIGN

📌 Awareness is powerful—but only when it's shared. Let's break the silence around Lipedema.

📖 You can't treat what you don't recognize. Let's change that. Educate someone on the signs.

✉️ "We don't need pity—we need policy." Email your representative.

👥 There's strength in numbers—and in stories. Connect with the community.

#AllorSomethingForLipedema #LipedemaAwareness #ALAEducates

INSURANCE ADVOCACY WEBINAR with Dr. Wright



THE LIPEDEMA WORLD CONGRESS

This global event brings together top medical experts to share cutting-edge research, new treatment options, and best practices in Lipedema care. The American Lipedema Association attends to stay at the forefront of international developments—and to ensure your voice is part of the conversation.

📌 Interested in attending? [Click here to learn more & register.](#)

